

# Things to Know

## Drop off and Pick up

The warning bell rings at 8:25am indicating that students should get into the appropriate line-up at the door closest to their classroom. I will be there to greet them and lead them into the school. The children generally feel more at ease if they enter the classroom with the rest of their classmates, so it is wise to arrive 5 minutes before school starts.

The children will exit through the same door at the end of the day and I will match them up with their parent or caregiver. Until the routine is well established this time can be a bit chaotic. In order to ensure that all children safely find their caregiver, please be patient until you see your child.

## *Aaaachoo!*

Cooler weather brings runny noses.

To ensure we always have tissue available, **please send a box of tissues to school.** I will have boxes set up throughout the classroom for everyone to use.

## *Morning Snack*

Please provide a small snack for morning break that:

- is small and nutritious such as fruit, vegetables, cheese and crackers, dried fruit, popcorn etc..
  - can be eaten within 5-10 minutes and can be eaten with fingers
  - is packed in the front pocket of the backpack
- Please **DO NOT** send candy, chips, chocolate bars or sugary drinks such as juice, pop or Gatorade.

## *Lunch Time*

Lunch will be eaten in the classroom where the children will be supervised by a lunch hour supervisor and student helpers. Following eating time the children will go out to play and will be supervised on playground by the lunch hour supervisor. Kindergarten students will have an alternate outside lunch time.

Due to allergies, please **DO NOT** send nuts or peanut butter in your child's lunch.

## *Small Towel* - Send by Mon, Sept. 12th

Please send a small bath towel (not a beach towel) to school. We will use it for Quiet Time, stretching, or other calming activities throughout the year. Please ensure that your child's name is written somewhere on the towel. The towel will stay at school, however it will be sent home occasionally on to be washed or exchanged for a fresh towel.

## *Absences and illness*

We all know that kids get sick, particularly when starting school for the first time. If your child is sick please keep them at home so they can recover more quickly and so that the rest of the group can stay as healthy as possible.

Any absences should be reported to the office. Please notify the school between 8:00 am and 8:30am if your child will be absent. Messages can be left by calling 250-870-5103. If your child becomes ill while in class, the teacher and staff will make the child as comfortable as possible and call you immediately.